

# Leadership Under Pressure

As leaders our ability to solve problems is put under the spotlight when the pressure is on. This workshop will give you the skills and time to articulate:

1. What type of leader do you want to be when under pressure?
2. What type of team do you want to lead when under pressure?

## 80/20 Influencing

1. Why, How & What - Communicating the 'story of pressure' to assist others to understand
2. Strategies to articulate where my team sits on the lead, coach or manage spectrum

1

## Triple Threat

1. 'Performaholic' Leadership - seeking others' approval
2. 'Messiah Complex' Leadership impacted by the need to always be the source of all the answers and solutions
3. 'Imposter Syndrome' Leadership impacted by a fear of being exposed as a fraud

2

## Team Investment

1. Motivation Techniques for pressure situations
2. Understanding Irrational Behaviour - your team's thinking style & personality

3



**WORKSHOPS**



**COACHING**



**ONLINE**



**Rhett Morris**  
*Owner & Director*  
+61 412 111 091  
rhett@bulletproofperformance.com.au



**Kate Smolenska**  
*Partner*  
+61 407 826 836  
kate@bulletproofperformance.com.au