



BEN INNES

Leadership Coach, Consultant and Mentor

Working alongside individuals and organisations to maximise their potential through building trust and championing leaders.

Ben is a dedicated educator and coach who has spent over 25 years in the field of education, holding various leadership positions. His passion lies in helping individuals and organizations realize their full potential and encouraging them to give back to their communities.

Ben has a knack for identifying people's strengths and working with them on an individual or corporate level to enhance their skills for the greater good. He thrives on being a catalyst for change, whether it's within businesses, systems, structures, or relationships, and excels at mapping out paths to achieve best practices.

LEADERSHIP COACH

Ben facilitates a range of training programs which can be customised for your organisation's goals and objectives. Program topics include, resilience, performance, communication, energy, purpose, and leadership.

Ben holds a degree in Education and has acquired professional development in areas such as human behaviour, management, leadership development, strategic planning, and constraints-based learning through his diverse leadership roles.

CONSULTANT & MENTOR

Ben possesses the ability to engage with large audiences while still connecting with individuals on a personal level, ensuring that everyone feels valued. His storytelling combines critical information, enabling his audience to understand, learn, and apply new knowledge effectively.

In addition to his professional endeavours, Ben leads a lifestyle filled with adventure and calculated risks. He believes in pushing boundaries in a respectful manner to create opportunities for personal growth and development. This love for adventure has been honed during his 15 years of leadership in Altitude Cycling, formerly known as Altitude Fitness & Adventure. This organization has supported the careers of several athletes who have gone on to achieve higher representative honours. Ben's core values revolve around consistency, resilience, individual work ethic toward common goals, and fostering a team-focused environment.

Outside of his professional life, Ben resides in Brisbane, where he is married with two children. He strives to maintain a balanced life, allocating time for work, family, and his close-knit community of friends. His passions include cycling and surfing, and he cherishes shared experiences, making sure that his adventures outside of work always involve others. These moments of active engagement, conversation, and shared life experiences help keep Ben grounded and well-balanced.

GET IN TOUCH

To speak with Ben about training, coaching or speaking at your workplace, get in touch at:

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or call 1300 363 397.