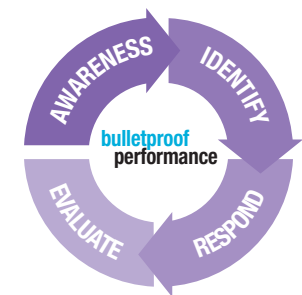
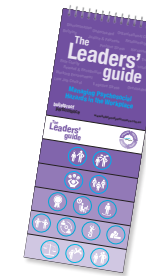
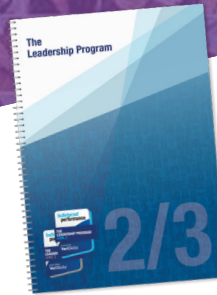


# Psychosocial Training Matrix



| BULLETPROOF PERFORMANCE PROGRAMS | PSYCHOSOCIAL SAFETY HAZARDS ADDRESSED |            |                  |                |                      |                     |               |                         |                       |               |                |         |                      |                 |                 |                 |
|----------------------------------|---------------------------------------|------------|------------------|----------------|----------------------|---------------------|---------------|-------------------------|-----------------------|---------------|----------------|---------|----------------------|-----------------|-----------------|-----------------|
|                                  | Bullying                              | Harassment | Traumatic Events | Discrimination | Reward & Recognition | Working Environment | Isolated Work | Workplace Relationships | Organisational Change | Role Overload | Role Underload | Justice | Lack of Role Clarity | Low Job Control | Positive Stress | Negative Stress |
| The Leadership Program           | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Resilience Under Pressure        |                                       |            | ✓                |                | ✓                    |                     |               | ✓                       | ✓                     | ✓             | ✓              |         |                      |                 | ✓               | ✓               |
| Communication Under Pressure     | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       |                       |               |                |         |                      |                 | ✓               | ✓               |
| Energy Under Pressure            |                                       |            |                  |                |                      |                     | ✓             | ✓                       |                       | ✓             |                |         | ✓                    |                 | ✓               | ✓               |
| Coaching                         | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Burnout Intervention             |                                       |            |                  |                |                      |                     | ✓             | ✓                       |                       | ✓             |                | ✓       | ✓                    |                 | ✓               | ✓               |
| Respect at Work                  | ✓                                     | ✓          |                  | ✓              | ✓                    | ✓                   | ✓             | ✓                       |                       | ✓             |                | ✓       | ✓                    |                 | ✓               | ✓               |
| Performance Under Pressure       |                                       |            |                  |                | ✓                    |                     |               | ✓                       | ✓                     | ✓             | ✓              |         | ✓                    | ✓               | ✓               | ✓               |
| Team Triage                      | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Bounce Back Session              |                                       |            |                  |                |                      |                     |               |                         |                       |               |                | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Reset Session                    |                                       |            |                  |                |                      |                     |               | ✓                       | ✓                     | ✓             |                |         | ✓                    |                 | ✓               | ✓               |
| Bespoke Customised Programs      | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Psychosocial Awareness - Leaders | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Psychosocial Awareness - Team    | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |
| Discovery                        | ✓                                     | ✓          | ✓                | ✓              | ✓                    | ✓                   | ✓             | ✓                       | ✓                     | ✓             | ✓              | ✓       | ✓                    | ✓               | ✓               | ✓               |